

## **Clinical Follow up Risk Assessment Decision Matrix**

### **Instructions:**

- Using the Risk Assessment form, note all the yes answers. The greater the number, the greater the risk.
- Use the following guidelines to determine your leveling decision.
- Level one step at a time – i.e. Do not go from high to low

### **Moving from Critical Risk to High Risk**

1. Individual is no longer exhibiting self injurious behavior
  - May still have suicidal thinking and intent
  - May still have risk related to mental illness or substance abuse
  - May have low external and internal protective factors

### **Maintaining High Risk Protocol**

#### **Any or all are reason to maintain High Risk Protocol 48-72 hours**

1. Suicide intent or behavior continues

**OR**

2. Charge related risk is high with any one of the following

- Low external and/or Internal protective factors
- Lack of evidence of positive goal directed behavior
- Any of the acute symptoms of mental illness/physical illness or pain

**OR**

3. Has high degree of mental illness or psychological distress that requires high level of supervision and safe cell even if no suicidal intent or behaviors exist

### **Moving from High Risk to Moderate Risk**

#### **The presence of these factors indicate risk can be lowered 24-48 hours**

1. No current suicide intent and behavior
3. Has evidence of external or internal protective factors
4. Has evidence of goal directed behavior
5. Has no acute symptoms of mental illness/ physical illness or pain or they are being monitored and maintained by jail medical/clinical staff

### **Moving from Moderate to Low Risk**

#### **The presence of these factors indicate risk is low**

1. No suicide intent or behavior
2. Evidence of internal or external protective factors
3. Evidence of goal directed behavior
4. No active symptoms of mental illness/ physical illness or pain or they are being monitored and maintained at the jail.