

PROGRAM INFORMATION If you have questions about this report, please contact: Lynn Welch at (859) 525-1877

Benchmark Family Svcs Lexington TFC
160 Burt Road Lexington, KY 40503

Parent Agency: Benchmark Family Services Inc

Phone: (859) 260-1412 **Fax:** (859) 260-1012

Agency Website: www.benchmarkfamilyservices.org

Years Operating: 19

Referral Contact: Tiffany Thomas

General Referral Email: referrals.lexington.ky@benchmarkfs.org

Referral Phone: (859) 260-1412

Child Caring License(s): None

Child Placing License(s) Foster Care; Therapeutic Foster Care; Medically Fragile Foster Care;

Setting Rural & Urban/Suburban

On Site School: No

Male Operational Bed Capacity: 0

County(s) of Anderson; Boyle; Estill; Fayette; Franklin; Harrison; Jessamine;

Female Operational Bed Capacity: 0

Program or Lincoln; Madison; Montgomery; Nicholas; Powell; Scott;

Either Sex Operational Bed Capacity: 119

Foster Homes:

Supplemental Information

Benchmark Family Services Lexington provides quality services to all youth including therapeutic case management through weekly contact and monthly home visits, and twenty-four hour crisis intervention. We also offer continuity of care through inclusive in-office therapeutic services including individual psychotherapy and psychiatry, as well as medication management. Our goal is to provide stable placements for youth when entering our agency and we strive to have an 80% favorable discharge rate each month. In consideration of this goal, we focus our efforts on placement preservation through the prevention unnecessary moves and disruption of youth through providing additional support within the home as needed. Benchmark maintains a close working relationship with DCBS through detailed documentation each month in regards to the children's progress towards goals and overall wellbeing. Upon placement with our agency, each youth receives a thorough psycho-social assessment by our Treatment Director which culminates in a comprehensive treatment plan to address any significant issues of concern. We employ two therapists that specialize in Cognitive Behavior Therapy, Trauma Focused-Cognitive Behavior Therapy, and Motivational Interviewing. Additionally, each individual clinician has their own set of specialized domains.

Included/Excluded Populations

Gender Accepted: Both **Age Range Accepted:** 0 to 21 **LOC Range Accepted:** 1 to 5 **Minimum IQ Accepted:** 1

Client History at Admission

Average Age at Date Updated:	11.8	Average LOC at Intake	3.2	Number IQ 0 - 59:	0
Number of Residents	74	LOC Unknown:	4	Number IQ 60 - 69:	1
Number of Males:	39	Number LOC 1:	0	Number IQ 70 and above:	1
Number of Females:	35	Number LOC 2:	5	Number IQ Unknown:	72
		Number LOC 3:	50		
		Number LOC 4:	9		
		Number LOC 5:	6		
Number of Current Residents Included in Risk Indicator Percentage	70				
Animal Abuse:	3%	Low Functioning:	0%	Substance Abuse:	0%
Aggressive Acts:	4%	Runaway:	0%	Suicidal Gestures:	0%
Destroys Property:	3%	Self Abusive:	7%		
Fire Setting:	1%	Sexual Perpetration:	0%		
Failure to Comply:	1%	Dangerous Impulsivity:	4%		
Homicidal Gestures:	0%	Sexual Acting Out:	0%		

STAFF INFORMATION

	<u>Number</u>	<u>High School</u>	<u>Some College</u>	<u>BA</u>	<u>MA or Higher</u>
Administration:	22	14%	9%	55%	23%
Case Management Staff:	8	0%	0%	100%	0%
Clinical Staff:	2	0%	0%	50%	50%
Direct Care Staff:	0	0%	0%	0%	0%
Average Number of Months Foster Parents have Fostered for the Agency:	45.9				
Treatment Director:	Daniel Evans				

Psychiatric Services

Psychiatry with Dr. Gilbert. In hour therapy with Christian Blakeman, LPCC.

SERVICES AND OUTCOMESSafety

Number of Substantiated Abuse Allegations in the Past Year: 0			
Total # of Bedrooms	72	Percentage of Direct Care Staff Trained in Physical Management	N/A
Single Bedrooms:	33		
Double Bedrooms:	31	Percent of Foster Families with 2 or more Children:	51.0%
3+ Bedrooms:	8	Percent of Families with 2 or more Children and a Sibling Group:	34.7%
Critical Incident and Physical Management ratios are compiled for the period 3/1/2018 through 2/28/2019			
Deadly Weapon Per 100 Resident Days	0.00	WITHIN AVERAGE RANGE	Number of Months Data Received:
Serious Injury Per 100 Resident Day	0.00	WITHIN AVERAGE RANGE	12 of 12
AWOL Per 100 Resident Days	0.05	WITHIN AVERAGE RANGE	
Suicide Attempt Per 100 Resident Days	0.01	WITHIN AVERAGE RANGE	
Criminal Activity Per 100 Resident Days:	0.00	NO INCIDENTS DURING REPORTING PERIOD	
Injury to Other Per 100 Resident Days:	0.00	NO INCIDENTS DURING REPORTING PERIOD	
Sexual Acting Out Per 100 Resident Day	0.03	WITHIN AVERAGE RANGE	
Total Critical Incidents Per 100 Resident Days:	0.10	WITHIN AVERAGE RANGE	
Physical Managements Per 100 Resident Days:		N/A	

Permanency

Length of stay and discharge data are calculated on discharges between 3/1/2018 through 2/28/2019				
Measure	Number	Percent	Length of Stay	Outlier
Child Progress toward Permanency Discharges	48	72.7%	223.9	WITHIN AVERAGE RANGE
Progress Discharge to Home Like Placement	48	72.7%	223.9	WITHIN AVERAGE RANGE
Progress Discharge to Less Restrictive Placement	42	63.6%	244.7	WITHIN AVERAGE RANGE
Child Behavioral Difficulty Discharges	14	21.2%	78.9	WITHIN AVERAGE RANGE
Runaway Discharges	1	1.5%	20.0	WITHIN AVERAGE RANGE
Psychiatric Discharges	9	13.6%	89.8	WORSE THAN AVERAGE RANGE
Agency/System Discharges	4	6.1%	59.5	WITHIN AVERAGE RANGE
Caretaker Incapacity Discharges	0	0.0%		WITHIN AVERAGE RANGE
Caretaker Failure Discharges	0	0.0%		WITHIN AVERAGE RANGE
Caretaker Investigation Discharges	0	0.0%		WITHIN AVERAGE RANGE

Well Being

Does this program have a PCC Foster to Adopt Agreement?.	No	Educational Disruptions in the Past Year:	9
Adoptions by the Program's Foster Homes in the Past Year:	0	School Changes in the Past Year:	0

Describe How the Program Supports Family Connections

Benchmark works with the family and child to achieve reunification as directed by the DCBS worker. Family is invited to Treatment Team meetings, visitation and they receive a copy of the treatment plan each time one is updated. Foster children are encouraged to remain in contact with their parents. Family therapy is available as requested by DCBS.

Special Interventions Available Internally

24 hour emergency phone available at all times for foster parents and youth, disruption meetings, specialized foster parent training as needed.