

PROGRAM INFORMATION If you have questions about this report, please contact: Lisa Nicholson at (859) 971-2585

SAFY of Kentucky Lexington TFC
861 Corporate Drive Lexington, KY 40503

Parent Agency: Specialized Alternatives for Families and Youth of Kentuc

AgencyWebsite: www.safy.org

Phone: (859) 971-2585 **Fax:** (859) 971-7594

Referral Contact: Lisa Nicholson

Years Operating: 21

Referral Phone: (859) 971-2585

General Referral Email: ky.intake@safy.org

Child Caring License(s): None

Child Placing License(s) Foster Care; Adoption; Therapeutic Foster Care; Medically Fragile Foster Care;

Setting Rural & Urban/Suburban

On Site School: No

Male Operational Bed Capacity: 0

County(s) of Anderson; Boyle; Elliott; Fayette; Franklin; Jessamine; Madison;

Female Operational Bed Capacity: 0

Program or Powell; Rockcastle; Scott;

Either Sex Operational Bed Capacity: 80

Foster Homes:

Supplemental Information

Specialized Alternatives for Families and Youth (SAFY) is a non-profit agency providing a full continuum of services for children and families. We provide the highest level of therapeutic support for the children and families we serve. SAFY is accredited by the Council on Accreditation (COA). We currently provide treatment foster care placements for children from birth to 21-years-old. SAFY services include: Licensed, Master's level therapist assigned to each client with weekly contact for treatment integration. All therapists are trained in TF-CBT and Seven Challenges. In-home therapy for each client. 24.7 Crisis support and 24.7 referral acceptance/intake. Biological family therapy to aid in reunification. Independent Living program. Specialized homes: pre-IL, teen parent, large sibling groups, medically fragile, foster to adopt. Each foster parent trained in Non-Violent Crisis Intervention through the Crisis Prevention Institute (CPI). Detailed monthly reports.

Included/Excluded Populations

Gender Accepted: Both **Age Range Accepted:** 0 to 21 **LOC Range Accepted:** 1 to 5 **Mininum IQ Accepted:** 1

Client History at Admission

Average Age at Date Updated:	14.6	Average LOC at Intake	3.8	Number IQ 0 - 59:	1
Number of Residents	44	LOC Unknown:	4	Number IQ 60 - 69:	0
Number of Males:	21	Number LOC 1:	0	Number IQ 70 and above:	0
Number of Females:	23	Number LOC 2:	3	Number IQ Unknown:	43
		Number LOC 3:	11		
		Number LOC 4:	19		
		Number LOC 5:	7		
Number of Current Residents Included in Risk Indicator Percentage	40				
Animal Abuse:	0%	Low Functioning:	0%	Substance Abuse:	0%
Aggressive Acts:	5%	Runaway:	0%	Suicidal Gestures:	0%
Destroys Property:	3%	Self Abusive:	8%		
Fire Setting:	0%	Sexual Perpetration:	0%		
Failure to Comply:	15%	Dangerous Impulsivity:	30%		
Homicidal Gestures:	0%	Sexual Acting Out:	0%		

STAFF INFORMATION

	<u>Number</u>	<u>High School</u>	<u>Some College</u>	<u>BA</u>	<u>MA or Higher</u>
Administration:	6	0%	17%	50%	33%
Case Management Staff:	3	0%	0%	33%	67%
Clinical Staff:	8	0%	0%	13%	88%
Direct Care Staff:	0	0%	0%	0%	0%
Average Number of Months Foster Parents have Fostered for the Agency:	49.7				
Treatment Director:	Lisa Nicholson LPCC				

Psychiatric Services

All youth who need a psychiatric assessment will have one scheduled within 30 days of placement. SAFY utilized the Ridge primarily for psychiatric services.

SERVICES AND OUTCOMESSafety

Number of Substantiated Abuse Allegations in the Past Year: 0			
Total # of Bedrooms	66	Percentage of Direct Care Staff Trained in Physical Management	N/A
Single Bedrooms:	16		
Double Bedrooms:	50	Percent of Foster Families with 2 or more Children:	28.2%
3+ Bedrooms:	0	Percent of Families with 2 or more Children and a Sibling Group:	12.8%
Critical Incident and Physical Management ratios are compiled for the period 3/1/2018 through 2/28/2019			
Deadly Weapon Per 100 Resident Days	0.01	WITHIN AVERAGE RANGE	Number of Months Data Received:
Serious Injury Per 100 Resident Day	0.01	WITHIN AVERAGE RANGE	12 of 12
AWOL Per 100 Resident Days	0.06	WITHIN AVERAGE RANGE	
Suicide Attempt Per 100 Resident Days	0.00	NO INCIDENTS DURING REPORTING PERIOD	
Criminal Activity Per 100 Resident Days:	0.02	WITHIN AVERAGE RANGE	
Injury to Other Per 100 Resident Days:	0.01	WITHIN AVERAGE RANGE	
Sexual Acting Out Per 100 Resident Day	0.01	WITHIN AVERAGE RANGE	
Total Critical Incidents Per 100 Resident Days:	0.11	WITHIN AVERAGE RANGE	
Physical Managements Per 100 Resident Days:		N/A	

Permanency

Length of stay and discharge data are calculated on discharges between 3/1/2018 through 2/28/2019				
Measure	Number	Percent	Length of Stay	Outlier
Child Progress toward Permanency Discharges	35	53.8%	273.3	WITHIN AVERAGE RANGE
Progress Discharge to Home Like Placement	34	52.3%	270.2	WITHIN AVERAGE RANGE
Progress Discharge to Less Restrictive Placement	31	47.7%	270.5	WITHIN AVERAGE RANGE
Child Behavioral Difficulty Discharges	29	44.6%	146.3	WITHIN AVERAGE RANGE
Runaway Discharges	3	4.6%	139.3	WITHIN AVERAGE RANGE
Psychiatric Discharges	13	20.0%	101.7	WORSE THAN AVERAGE RANGE
Agency/System Discharges	1	1.5%	71.0	WITHIN AVERAGE RANGE
Caretaker Incapacity Discharges	0	0.0%		WITHIN AVERAGE RANGE
Caretaker Failure Discharges	0	0.0%		WITHIN AVERAGE RANGE
Caretaker Investigation Discharges	0	0.0%		WITHIN AVERAGE RANGE

Well Being

Does this program have a PCC Foster to Adopt Agreement?	Yes	Educational Disruptions in the Past Year:	3
Adoptions by the Program's Foster Homes in the Past Year:	0	School Changes in the Past Year:	16

Describe How the Program Supports Family Connections

SAFY encourages biological family members to participate in the youth's treatment planning. Family therapy is offered to promote healthy attachment and ease the child's transition back into the home. SAFY provides biological family with support services, including counseling, coordination of community resources, advocacy, and skill development and parenting training. Foster families are provided continuous training about partnering with biological family members to realize the goal of reunification.

Special Interventions Available Internally

SAFY provides 24/7 support and in-home therapy. SAFY therapists are licensed, Master's level therapists specializing in sexual abuse, substance abuse, and disorders common to abused/neglected children, and utilize evidence based methods. Therapists are trained in TF-CBT and Seven Challenges. Foster parents receive mandatory Trauma Informed Parenting, Alcohol and Drug, Behavior Management, and Non-Violent Crisis Intervention training.